

Sarah Pinsent

Associate



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Language(s) spoken: English

Bar Admission(s): Newfoundland and Labrador,
2018

Legal Assistant(s): [Christine Osmond](#)

With a focus on general litigation, as well as insurance, health and municipal issues, Sarah uses her diverse background in public administration and policy to help understand the realities facing her clients. Seeing files through from intake to settlement, Sarah is open, efficient and straightforward about concepts and processes to ensure her clients receive the best outcome. She has appeared before the Provincial Court of Newfoundland and Labrador, the Supreme Court of Newfoundland and Labrador and the Regional Appeal Board, providing thoughtful and well-researched opinions.

Practice Areas

Health

Insurance

Litigation & Alternative Dispute Resolution

Municipal

Education & Career

Education

Dalhousie University Schulich School of Law, JD, 2017

Memorial University of Newfoundland and Labrador, Master of Public Health, 2013

University of Ottawa, B.Soc.Sci (Joint Honours), 2012

Activities

Member, Canadian Bar Association
Roster lawyer, Journey Project – Sexual Violence Legal Support Service
Volunteer, Dalhousie Legal Aid Tenants' Rights Project, 2014 – 2017
Senior Law Student, Dalhousie Legal Aid, 2017
Peer mentor, Indigenous Black & Mi'kmaq initiative, 2016 – 2017

Accolades

Spracklin Award for highest mark on the Real Estate/Wills Bar Exam
Penney Award for the highest mark on the Family Law Bar Exam
Clifford Rae Achievement Award
Dean's List, Schulich School of Law
William Outhit Prize for highest mark in Administrative Law
Maxwell J. Pratt Scholarship
McInnes Cooper Trade Law Seminar Prize for highest mark in International Trade Law
Arthur F. Miller Scholarship in Law
Dean's List – Faculty of Social Sciences

Thought Leadership

2020 Year in Review: Atlantic Canada Labour & Employment Law Developments
[January 11, 2021](#)