

Julia Parent

Partner



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Language(s) spoken: English

Bar Admission(s): New Brunswick, 2013;
Ontario, 2022

Legal Assistant(s): [Isabelle Nugent](#)

Julia assists clients, including banks, of all sizes with commercial and residential real estate acquisitions, financings, bankruptcy and insolvency matters, contract drafting, regulatory compliance and environmental matters. Paired with her past experience in litigation, Julia is well-positioned to assist her clients to balance both risk mitigation and the practical realities of their business, and has previously:

- Assisted and advised clients in various commercial and residential real estate acquisitions, financings and sales.
- Assisting with various real property matters for wind energy projects, including leases and easements.
- Acting for mortgage lenders in the financing and refinancing of both existing commercial and retail properties, as well as new commercial and multi-unit residential developments.
- Acting for corporations in connection with the acquisition, financing and disposition of commercial (including industrial) properties.
- Acted for landlords in the negotiation of commercial leases.
- Advising various national lenders and their agents to provide insights into, determine validity of, and otherwise effect, the realization of security.
- Advising various national lenders and their agents with respect to insolvency matters.

Practice Areas

Banking & Financing

Bankruptcy, Receivership & Insolvency

Commercial Transactions/Agreements

Education

Energy

Environmental & Natural Resources

Maritime & Transportation

Mergers & Acquisitions

Municipal

Real Property

Education & Career

Education

University of New Brunswick, J.D., 2012

St. Thomas University, B.A., 2009

Activities

Member, Canadian Bar Association

Vice President, Saint John Law Society Council

Member, Canadian Renewable Energy Association (CanREA), 2023

Accolades

Lord Beaverbrook Scholarship in Law, 2009-2012

University Medal for Academic Excellence, 2009

Monsignor George W. Martin Scholarship, 2005-2009

Thought Leadership

Discovery: Atlantic Education & the Law – Issue 11

November 14, 2022

Supreme Court rules bankrupt companies cannot walk away from their environmental liabilities in Redwater decision

March 06, 2019

Client Update: Supreme Court of Canada rules against Canada Revenue Agency in GST/HST deemed trust case

November 27, 2018

Client Update: Pay equity legislation announced for federally regulated employers

November 08, 2018

The Latest in Employment Law: A Stewart McKelvey Newsletter – Changes to the federal pay equity scheme expected in 2018

November 17, 2017

Publications

Author, “New *Occupational Health and Safety Act* regulations on violence and harassment in the workplace/civil liability for violence on campus”, *Discovery: Atlantic Education and the Law*

September 26, 2018

Presentations

Presenter, *Privacy update*, Stewart McKelvey New Brunswick Labour and Employment seminar, 2017