Sheila Mecking

Partner

501-140 Carleton Street
Fredericton, N.B.
E3B 3T4

Phone: +1.506.444.6982
Fax: +1.506.444.8974
smecking@stewartmckelvey.com

Language(s) spoken: English, French

Bar Admission(s): New Brunswick, 2013

Legal Assistant(s): Francine Bradbury, Hannah Sullivan, Janie Gaudet, Wendy Ebbett

Whether it's issues relating to professional discipline or labour and employment, Sheila works with her clients to develop strategies to reach the best possible outcome. Her bilingual practice focuses on a number of areas, including:

- Governance and regulatory law: Sheila has extensive experience in representing professional associations, and has guided a number of regulatory bodies by ensuring compliance with their governing legislation and fiduciary obligations.
- Discipline: Sheila has been involved in over 100 disciplinary cases for professional associations in New Brunswick, has advised decision makers on due process and procedural fairness and has represented members who are facing disciplinary sanctions.
- Labour and employment: Sheila has helped clients face a range of challenges, including contractual obligations, discipline, termination, human rights or official language complaints.
- Investigations: Sheila's experience in advising decision makers on due process paired with her experience dealing with workplace-related challenges provides the perfect skill set to perform workplace investigations and investigations of regulatory compliance. Sheila conducts investigations for corporations both inside and outside Atlantic Canada.

In addition, she has appeared before all levels of Court in New Brunswick, as well as a variety of administrative tribunals. Throughout her practice, Sheila has:

- Successfully represented a municipality in a termination grievance involving workplace discrimination and harassment;
- Successfully represented a variety of clients in defending Human Rights Complaints;
- Successfully represented a variety of clients in defending official languages complaints; and,
- Successfully negotiated with the provincial government on behalf of various regulatory bodies for a multitude of matters such as new legislation and scope of practice expansions.

Practice Areas

Labour & Employment

Litigation & Alternative Dispute Resolution

Professional Regulation & Misconduct

Education & Career

Education

The Osgoode Advanced Certificate in Workplace Investigations, 2022

Université de Moncton, Juris Doctor, 2013

Activities

Member, Canadian Bar Association

Board member, Big Brothers and Big Sisters of Fredericton

Member, diversity & inclusion committee, Stewart McKelvey, 2016 – present

Deputy-Clerk, New Brunswick Court of Appeal

Thought Leadership

Mandatory vaccines in the workplace

July 21, 2021

Immunity for police commission and its executive director in Oland complaint lawsuit

June 21, 2021

2018 Year in Review: Atlantic Canada Labour & Employment Law Developments

January 17, 2019

Client Update: Isn’t Canada Day always on July 1? (updated)

June 21, 2018

Presentations

Co-presenter, “Mandatory vaccinations: Calling the shots”, Stewart McKelvey Labour and Employment webinar

September 02, 2021